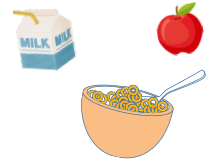



Starting the day with a healthy school breakfast is a simple way to help kids get the nutrition they need to learn, grow, and be healthy.

To learn more about the benefits of breakfast, check out this video from USDA's Team Nutrition: <https://www.fns.usda.gov/tn/kids-are-stronger-school-breakfast>.



M 2 NO SCHOOL LABOR DAY	T 3 COLD CEREAL CHEESE STICK	W 4 BAGEL W/ CREAM CHEESE CHEESE STICK	TH 5 WHOLE GRAIN MUFFIN YOGURT	F 6 ZEE ZEES BREAKFAST BAR CHEESE STICK
M 9 COLD CEREAL CHEESE STICK	T 10 HOMEMADE CINNAMON COFFEE CAKE YOGURT	W 11 BREAKFAST PIZZA	TH 12 HOMEMADE GRANOLA YOGURT	F 13 EGG + CHEESE BREAKFAST BURRITO
M 16 COLD CEREAL CHEESE STICK	T 17 EGG, CHEESE & POTATO BREAKFAST BOWL W/ WG BISCUIT	W 18 BAGEL W/ CREAM CHEESE CHEESE STICK	TH 19 WHOLE GRAIN MUFFIN YOGURT	F 20 CHEESE OMELET WHOLE GRAIN TOAST
M 23 COLD CEREAL CHEESE STICK	T 24 EGG + CHEESE BREAKFAST SANDWICH	W 25 BREAKFAST PIZZA	TH 26 HOMEMADE GRANOLA YOGURT	F 27 NO SCHOOL PROFESSIONAL DEVELOPMENT DAY
M 30 COLD CEREAL CHEESE STICK	 <p>Questions about school breakfast or lunch? Contact us at schoolnutrition@wrps.net</p> 			

SELECTION OF MILK & FRUIT OFFERED DAILY

BREAKFAST PRICES

PAID: \$1.75

FREE & REDUCED: NO CHARGE

ADULT: \$2.60 **CHILD VISITOR:** \$2.00

MENU ITEMS SUBJECT TO CHANGE



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REAL FOOD FOR RAPIDS KIDS